

## **MILK AND OTHER FOOD ALLERGIES**

If your child has an allergy to milk or to other foods that require substitution in the cafeteria, the nurse's office and cafeteria staff must have a note (order) from your physician stating the allergy and what may be substituted (especially for milk allergies). Your family physician's office may mail the orders directly to the school, attention school nurse, or may fax it to the school.

The Federal School Foods Program requires that students be given milk as their beverage for school purchased lunches. The only way the cafeteria staff may substitute other beverages for milk is with a physician's order.

The school district requires a new doctor order at the beginning of each school year.